


Player: \_\_\_\_\_ Team: \_\_\_\_\_ Date: \_\_\_\_\_

 <b>Level 8 (U14) Technical Objectives</b>	<b>Grade</b>	
	<b>Left</b>	<b>Right</b>
<b>Passing</b>		
Bending Passes -Inside of the Foot - 20-30 yards		
Outside of the Foot - 20 yards		
Instep - 30+ yards		
Out of the Air with the Laces - 30 yards		
<b>Receiving</b>		
Turning with Back to Goal		
<b>Heading</b>		
Attacking Heading		
Protecting Oneself		
<b>Finishing</b>		
Half Volley		
Bending Shots		
<b>Juggling</b>		
Feet - Alternating (50 Reps)	yes / no	yes / no


**Grading:**

0 = Cannot perform technique correctly during unopposed practice situations

1 = Performs technique consistently during unopposed practice situations

2 = Consistently utilizes technique during games.

Player: \_\_\_\_\_ Team: \_\_\_\_\_ Date: \_\_\_\_\_

Level 8 (U14) Tactical Objectives	Grade
	
<b>Defending</b>	
Tracking	
Zonal Defending	
High/Low Pressure Defending	
<b>Attacking</b>	
Role of the 3rd Attacker	
Penetration - Passing through the Air	
Playing in the Final Third	
Counter Attack	
Mobility - Creation of Space for Oneself	
Combination - 3 Player Combinations	
Flank Play - Crossing to the Far Post	
Flank Play - Far Post Runs to Receive	
Flank Play - Timing of Runs	
Flank Play - Recycling Runs	

**Grading:**

0 = Does not demonstrate understanding of tactical concept

1 = Consistently demonstrates understanding of tactical concept during reduced pressure games in practice

2 = Consistently demonstrates understanding of tactical concept in games