



Player: _____ Team: _____ Date: _____

 Level 6 (U12) Technical Objectives	Grade	
	Left	Right
Dribbling		
Feints		
Passing		
One Touch with Inside of the Foot - 15 yards		
Instep - 25 yards		
Outside of the Foot - 10 yards		
Receiving		
Across Body while Turning to Shield off Defender		
Out of the Air with the Chest		
Out of the Air with the Thigh		
Outside of the Foot - Forward First Touch		
Heading Basic Technique		
Finishing		
Shooting with the Instep - 15-20 yards		
One Time Shot, Inside of the Foot, 8-12 yards		
Defending		
Slide Tackle		
Juggling		
Thigh - Alternating (10 reps)	yes / no	yes / no
Feet - Alternating (10 Reps)	yes / no	yes / no

Grading:

- 0 = Cannot perform technique correctly during unopposed practice situations
- 1 = Performs technique consistently during unopposed practice situations
- 2 = Consistently utilizes technique during games.

Player: _____ Team: _____ Date: _____

Level 6 (U12) Tactical Objectives	Grade
	
Defending	
Cover (Role of the 2nd Defender)	
Delay	
Attacking	
Role of the 2nd Attacker	
Possession	
Playing Out of the Back	
Mobility - Creation of Space for Teammates	
Combination - Overlap	
Combination - Take Over	
Shape - Linking Player	
Flank Play - Crossing to the Slot	
Flank Play - Slot Run to Receive	
Flank Play - Timing of Runs	

Grading:

0 = Does not demonstrate understanding of tactical concept

1 = Consistently demonstrates understanding of tactical concept during reduced pressure games in practice

2 = Consistently demonstrates understanding of tactical concept in games